

WELCOME MAY

LA VITA SWIAA

MAY 2025 | WINTER EDITION

A Message from the CEO

Welcome to our Winter 2025 edition of Lavita

Works in progress:

The replacement of the Parkview first floor carpet has commenced. The progress to date has been as planned, and resident feedback has been great. The new vinyl flooring has really opened up corridors and lounge areas.

Whilst the project to install the vinyl floor is going to plan, there has been a level of disruption on residents, and I wish to thank all our residents and families for your support during this time.

The work to replace the lighting in Parkview's corridor and lounge areas and in the Gardens Dining room has commenced. The work to date has seen significant improvement in lighting and also the aesthetics of these areas. There has been a slight delay in progressing this project due to illness of one of the contractors employees.

3 reputable painting contractors have been invited to tender to paint all the internal common areas of the Parkview and Gardens buildings. Separate, on site meetings with each painting contractor will be undertaken, where the tender document outlining the scope of works and colour schedule will be released. Tenders will close, 27th June 2025, and we expect that painting works will commence in August 2025.

Thank you for your ongoing support of SWIAA.

Godwin D'Amato
Chief Executive Officer



As the days grow shorter, our gratitude
... grows deeper

A Message from the Residential Services Manager

Dear Residents, Families, and Staff,

As we welcome the cooler winter months, I would like to take this opportunity to share some important updates and reminders to help us continue providing a safe, respectful, and supportive environment for everyone in our care.



Flu Season – Vaccination Program

As we enter the winter season, it is important to stay proactive in protecting our community from seasonal illnesses. We are currently in the process of rolling out our annual Flu Vaccination Program, and we are pleased to share that most of our residents have already received their flu vaccine. Vaccination is one of the most effective ways to reduce the risk of serious illness—especially for older adults—and plays a vital role in keeping everyone in our home healthy and safe.

In addition to the flu vaccine, we are also supporting access to the Shingles Vaccine, which provides important protection against a painful and preventable condition that can affect older adults. If your loved one would like to receive either the Flu or Shingles Vaccine, or if you're unsure about their current vaccination status, we encourage you to speak directly with one of our RNs or our CCCs. They will be more than happy to assist you with any questions and help complete the necessary steps. Copies of the vaccination assessment and consent forms are available for your convenience at Reception in Parkview. Please do not hesitate to pick up a copy and return it at your earliest convenience if your loved one has not yet participated. Together, we can help protect our residents and create a healthier environment for all.

Mindful Mealtime Visits

We love seeing families spending time with their loved ones, especially during mealtimes, which are an important part of our residents' daily routine. However, to ensure a calm and enjoyable dining experience for all, we kindly ask families to limit the number of visitors during mealtimes. If more than one visitor is expected, please speak with our Lifestyle Coordinator in advance so we can book a private space near the Lifestyle Office. This helps reduce noise and ensures a peaceful dining environment for all residents.

Visitor Sign-In: A Safety Priority

We have observed that some visitors are not signing in or out—particularly on weekends. We want to remind everyone that signing in and out at the reception is essential for safety reasons, especially in case of an emergency such as a fire. This simple step ensures we are aware of who is on-site at all times and can keep everyone safe.

SWIAA Olympics 2025 – Coming Soon!

We are excited to announce the SWIAA Olympics, taking place on Wednesday, 28th May 2025. This event is a celebration of fun, movement, and community spirit among our residents. Through friendly games and activities, our residents can stay active, socially engaged, and most importantly—have fun! We warmly invite all family members to come along and cheer on your loved ones. More details can be found on the next page of this newsletter.

Message continues..

Advance Care Planning – A Vital Discussion

I want to highlight the importance of Advance Care Directive and Advance Care Plan. Advance Care Directive/Planning is an important part of ensuring each resident's values and healthcare preferences are respected, especially as health needs change. These documents help us understand your loved one's wishes should their health deteriorate. If an Advance Care Plan/ Directive has not been completed yet, one of our Registered Nurses or Clinical Care Coordinator will be in contact to assist you. These plans ensure that your loved one's care aligns with their values and preferences.

Food Register – Keeping Our Community Safe

As part of our commitment to food safety, we remind all visitors to log any food brought in from outside in the Food Register, located at Reception. This helps us monitor potential allergens and maintain our residents' health and safety. Your cooperation is appreciated.

Important Reminder: Restrictive Practices Requirement

We would like to remind all families and representatives about the government's requirements concerning restrictive practices in aged care settings. Some of you may have already addressed this, and we thank you for your prompt action. However, there are still a number of outstanding cases that need to be completed.

This is a very important compliance requirement from the government. If your loved one is currently subject to any form of restrictive practice—such as chemical, physical, or environmental restraints—it is mandatory that they have a designated guardian or decision-maker associated with this specific function.

If you have received a letter from me regarding this matter, we kindly ask that you respond as soon as possible to ensure we meet regulatory obligations and continue to provide care that is both lawful and aligned with your loved one's best interests.

If you require any assistance completing the necessary forms or would like more information, please do not hesitate to speak with a member of our team. We are here to help guide you through the process. Your cooperation and understanding in this important matter are truly appreciated.

Thank you all for your continued support and cooperation. Your partnership helps us deliver the best possible care and environment for our residents. Let us continue to keep our community safe, respectful, and full of warmth this winter.

With warm regards,
Until the next issue...

Joyce Labayno
Residential Services Manager

Welcome to SWIAA Villages

RESIDENTIAL AGED CARE & RETIREMENT LIVING IN THE HEART OF SOUTH-WEST SYDNEY

LIFE AT SWIAA

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NEWSLETTER TEAM



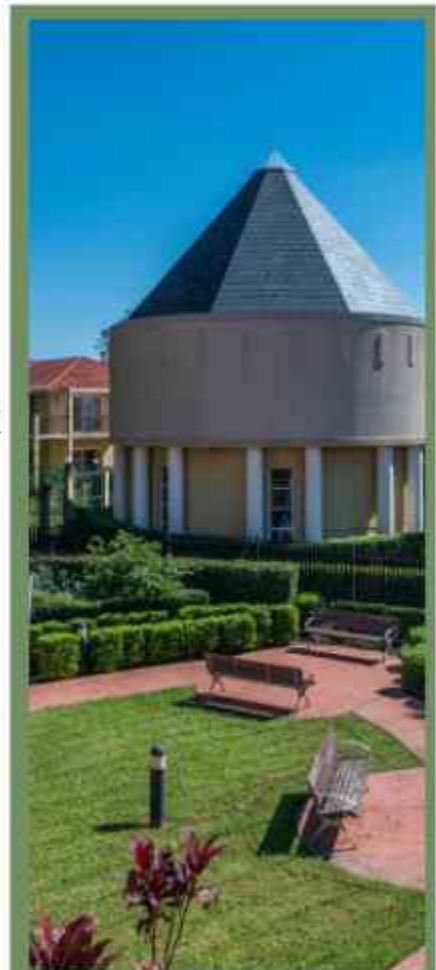
"Just keep
moving
forward"

ez

We hope that you will enjoy looking at the photos throughout this edition of your newsletter. We welcome any suggestions and feedback in our email admissions@swiaa.org to further improve on this very important tool that takes a peek of what life is like at SWIAA Villages.

Latest newsletters are displayed in Reception. Friends and Families can collect it from Reception or go to SWIAA website: www.swiaa.org/newsletters/

Alla Prossima!
SWIAA Newsletter Team



WINTER MAY
BE COLD, BUT
OUR HEARTS
STAY WARM IN
GOOD
COMPANY.

LIFESTYLE ACTIVITIES

GARDENING/FUN IN THE SUN



Our residents love getting out and about! From soaking up the sunshine during relaxing sun therapy sessions to getting their hands dirty in the garden, they're always up for a good time. Around here, fun is always in full bloom!

ST JOHNS BOWLING CLUB



Here are some delightful glimpses of our residents enjoying their outing to St. John's Bowling Club. The day was made even more special with the company of their loved ones, sharing laughter, stories, and a lovely meal together. After all, they say it best - sharing is caring!

RESIDENTIAL AGED CARE EASTER PARTY



On 11th April, we joyfully celebrated Easter with our residents and their families. The day was filled with laughter, love, and festive cheer as we came together to enjoy lively music, joyful dancing, delicious food, and the heartwarming company of loved ones. It was a beautiful reminder of the joy that comes from togetherness and the special memories we create when we celebrate as one big family.





On 2nd May, we brought the vibrant spirit of Mexico to life as we celebrated Cinco de Mayo with a lively fiesta! Cinco de Mayo, which means 'Fifth of May' in Spanish, commemorates the Mexican army's victory over French forces at the Battle of Puebla in 1862. It is widely celebrated in parts of the world as a tribute to Mexican culture and heritage. Residents enjoyed the festive atmosphere, complete with traditional Mexican music, colourful decorations, and a delicious spread of authentic Mexican cuisine. The celebration was filled with smiles, laughter, and a joyful sense of cultural appreciation. It was a wonderful way to experience a taste of Mexico right here at home!



RESIDENTIAL AGED CARE



On 14th March, we celebrated Holi, the vibrant Festival of Colours with our wonderful residents!

Holi is a joyful Hindu festival that marks the arrival of spring and celebrates love, renewal, and the triumph of good over evil. It's a time for laughter, unity, and spreading happiness through colour. Our celebration was bursting with life as we enjoyed delicious food, lively music, and dressed in bright, cheerful outfits. It was a day full of color, culture, and community spirit!





HARMONY DAY



On 21st March, we celebrated Harmony Day with our residents and staff, a special occasion that highlights the importance of inclusiveness, respect, and a sense of belonging for everyone. Harmony Day is part of Australia's celebration of cultural diversity and reminds us that everyone, regardless of background, should feel welcome and valued. We marked the day with delicious food, uplifting music, and the warm company of one another. It was a beautiful celebration of unity and togetherness!





ST. PATRICKS DAY CELEBRATION



On 17th March, we celebrated St. Patrick's Day with plenty of cheer and a splash of green! St. Patrick's Day is an Irish cultural and religious celebration that honors St. Patrick, the patron saint of Ireland, known for bringing Christianity to the Irish people. It's a day filled with traditions, and all things green! Our residents and staff embraced the festive spirit by dressing in green, enjoying lively music, delicious food, and sharing lots of laughter. It was a joyful celebration of Irish culture and community fun!



ANZAC DAY



On April 25th, we commemorated ANZAC Day with our residents—a day of reflection, remembrance, and national pride. Together, we paused to pay tribute to those who have served and continue to serve. The day was marked with dignity and respect, as residents gathered to remember, share stories, and reflect on the meaning of this important occasion.





BIRTHDAY OF THE MONTH



Here's a little sneak peek into our Monthly Birthday Celebration, where we honour and celebrate our wonderful residents' special days!

Each month, we come together with cake, music, and plenty of laughter to make sure our birthday residents feel cherished and celebrated. It's always a joyful time filled with smiles, shared stories, and heartfelt moments. 🎂🎉🎈

BINGO FUN AT SWIAA



Bingo continues to be one of our residents' all-time favorite games, and we make sure every session lives up to the excitement!

Each game brings laughter, friendly competition, and plenty of smiles. The biggest grins, of course, come from the lucky winners who get to choose their favorite snacks as a prize! But at the end of the day, everyone's a winner just by joining in the fun and enjoying each other's company.

MASS SERVICE



Here are some glimpses of our residents during Mass service in the SWIAA Chapel. The chapel continues to be a cherished space for spiritual reflection, prayer, and community connection. These moments offer comfort, peace, and a sense of togetherness for all who attend.



SWIAALYMPICS



This month, we're bringing you something exciting! To wrap up April Falls Prevention and Awareness Month, we're hosting our very own version of the Olympics-the SWIAAlympics!

It's a fun and active way to promote movement, balance, and healthy habits, all while enjoying a bit of friendly competition and team spirit. All are invited to join in the fun. See you there. Let the games begin!



SWIAALYMPICS 2025

You are cordially invited to attend and participate in the SWIAAlympics, marking the conclusion of our Falls Prevention and Awareness Month celebration in April 2025

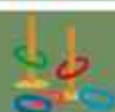
The categories are : Balloon Tennis, Bean Bag Toss and Quoits, please see your Lifestyle officer to express your interest in participating

WHEN: 28th OF MAY, 2025
WHERE: GARDENS DINING HALL
SEE YOU THERE!





SWIAALYMPICS PRACTICE



Our residents have been enthusiastically preparing for the upcoming SWIAA Olympics, dedicating time and effort to practice events such as bean bag toss, quoits, and balloon tennis. Their hard work and team spirit are truly inspiring as they get ready for SWIAAlympics.



SCHOOL VISIT FOR EASTER



Students from Mary Immaculate Catholic Primary School brought Easter joy to our residents during a delightful visit. Smiles lit up the room as generations came together to share laughter, and celebration.



WHAT'S NEW AT SWIAA

THE FLOORING PROJECT



Our hardworking SWIAA team has been busy transforming Parkview's first floor and the results are fantastic! As part of our ongoing commitment to improving the facility for our residents, we've replaced the old carpet with fresh new vinyl flooring. The updated space now feels brighter, more open, and even more welcoming.

We'd love to hear what you think of the new look! Share your compliments or feedback by scanning the QR code on page 17.



THE LIGHTING PROJECT

It's not just the floors getting a fresh new look, we're upgrading our lighting too! New lighting is being installed in the corridors, dining, and lounge areas on both levels of Parkview, as well as in the Gardens Dining and Activity areas. These modern, energy-efficient lights not only enhance visibility but also add a warm and aesthetically pleasing touch to our shared spaces.

It's all part of our ongoing efforts to create a more comfortable, inviting environment for our residents and visitors alike.



VILLAGE UPDATE

Work began on Monday, 28th April for the painting of eaves and cleaning of gutters across all Villa-Independent Living Unit, part of our continued efforts to keep the Village well-maintained and looking its best.

Looking ahead, on Monday, 26th May, Landscape Solutions will commence work on a beautiful new garden installation on either side of the main walkway in the Village. Once complete, this garden will serve as a showcase and inspiration for villa residents who may wish to create a similar design in their own garden areas.

We're excited to see these enhancements take shape and contribute to an even more vibrant and welcoming Village atmosphere!

SPECIAL GIFT FOR SWIAA CHAPEL



We are grateful to Integral Funerals for their generous donation of a Paschal Candle to the SWIAA Chapel.

The Paschal Candle holds deep significance in the Catholic faith and is used during special liturgies throughout the year, particularly at Easter. It symbolizes the light of Christ and serves as a powerful reminder of hope and renewal.

We sincerely thank Integral Funerals for this meaningful contribution to our spiritual community.



MOBILE DENTAL VISIT



On 2nd May 2025, we welcomed the Mobile Dental team to our facility for their scheduled visit.

Mobile dental services bring professional oral care directly to aged care residents, eliminating the need for travel and reducing stress associated with off-site appointments. With specialised equipment and trained dental professionals, residents receive high-quality care in the comfort and familiarity of their own environment.

This convenient service helps maintain oral health and overall well-being.

AEC MOBILE ELECTORAL ROLL VISIT



On the 29th and 30th of April, representatives from the Australian Electoral Commission (AEC) visited our site to assist residents from both aged care and the villas in casting their votes.

The mobile electoral roll service ensures that all eligible residents have the opportunity to participate in the democratic process, comfortably and conveniently from within the facility. We thank the AEC team for supporting our residents' right to vote and making civic engagement accessible to all.

COFFEE, CAKE & CONNECTION AT SWIAA CAFE



Our SWIAA Café is open every Wednesday from 9:00 AM to 11:30 AM, offering freshly brewed coffee and delicious cake for residents, visitors, and staff to enjoy. It's a wonderful space where moments are shared over a warm cup and sweet treat. Here is a glimpse of our staff and resident enjoying their time together at the café. We'd love to see more of your café moments! If you've captured a special memory, feel free to email your photos to admissions@swiaa.org



UNCLAIMED CLOTHES

We encourage residents and their representatives to review the displayed clothing for any missing items. For Parkview residents, the clothing display is located in front of the Parkview Ground Floor Nurse Station. For Gardens residents, the display can be found in the Hairdresser's office. If assistance is needed, please ask a staff member for guidance to the appropriate location.



SWIAA village

377 followers • 0 following

Welcome to SWIAA Villages Facebook Page. At SWIAA Villages - Residents are our priority.

Message

Following

STAY CONNECTED WITH SWIAA VILLAGES

Don't miss out on the latest updates, heartwarming moments, and glimpses of joy from our community! Follow our Facebook page 'SWIAA Village' and be sure to hit that 'Like' button. By doing so, you'll stay in the loop with all the fun photos and videos featuring our beloved residents. Join our online community and share in the laughter, love, and special moments that make SWIAA Village truly exceptional!

SWIAA INDEPENDENT LIVING UNIT

Our Village has been carefully designed to maximize and enhance wellbeing and independence. We offer range of onsite amenities including hairdresser, community centre, village bus and more.

FEATURES

- ✔ 2 bedrooms
- ✔ 24 hrs emergency call system
- ✔ Social and recreational activities available

FOR ENQUIRIES:

9426 1477

www.swiaa.orgadmissions@swiaa.org

BOOK A TOUR TODAY!



QR CODES FOR HAZARD REPORTING AND FEEDBACK



YOUR FEEDBACK MATTERS

SWIAA VILLAGE is committed to continually improving the quality and safety of care and services we provide to residents. Through your feedback, we can better understand your experiences, identify what we are doing well and what we can do better.

ACCESS FEEDBACK FORM BY
SCANNING QR CODE ON YOUR
MOBILE PHONES.



How do you scan a QR Code?

1. Open the Camera app on your phone.
2. Hold your phone so that the QR code appears in view.
3. Tap the notification to open the link associated with the QR Code.
4. After you generate the QR Code you can complete the feedback & complaint form then click SUBMIT.

Staff Suggestion & Feedback Form

SHARE YOUR
IDEAS!!!



SCAN THE QR CODE TO PROVIDE
SUGGESTIONS AND FEEDBACK.
YOUR INPUT HELPS US IMPROVE
AND CREATE A BETTER WORKPLACE
TOGETHER.

As mentioned in our previous newsletter, we would like to remind all staff and visitors to continue utilizing the QR codes for hazard reporting and feedback. This initiative was introduced to streamline the process of reporting incidents, sharing suggestions, and providing valuable feedback on residents' experiences. By using the QR codes, you help ensure that concerns are addressed efficiently and effectively.

QR Code Locations:

- Notice Board
- Nurses Station
- Staff Room

Purpose of QR Codes:

1. Hazard Reporting: Report any potential hazards or safety concerns promptly using the QR Code provided.
2. Staff/Visitor Incident Report: Use the QR Code to easily submit incident reports involving staff or visitors.
3. Staff Suggestion Feedback Form: Please share your valuable suggestions and ideas for improving our workplace environment or processes.
4. Residents Feedback and Complaint Form: Residents and their families can use the QR Code to provide feedback or raise concerns.

REPORT
INCIDENT
PROMPTLY!!!

Scan the QR code to report any staff or visitor incidents swiftly. Your quick action helps maintain a safe environment for all. Thank you for your attentiveness!

REPORT WORK
HAZARD EASILY!

Your safety matters. Use our QR code to report any work hazards instantly. Scan now and ensure a safer workplace for all.



Thank you for helping us keep
our workplace safe!

How to Use:

- Open your phone's camera app.
- Point it at the QR Code displayed in the designated areas (Notice Board, Nurses Station, Staff Room).
- Click on the link that appears to access the respective form.
- Fill out the necessary details and submit.

We encourage everyone to utilize these QR Codes to contribute to our ongoing efforts to enhance safety and service quality. Your participation and feedback are crucial in improving our workplace and resident care.

If you have questions or need assistance using the QR Codes, please contact the management team.



Alternatively, you may continue to use the Feedback and Suggestion Box, conveniently located in our Reception area and at the Gardens entrance.

THE STAFF ROOM

TEAM SPOTLIGHT

"Team Spotlight" is the segment where we will showcase the exceptional individuals within our team who have made a significant impact. Stay tuned as we highlight their interesting little-known facts and their contributions to our organization.

In this edition, we are proud to celebrate our Exceptional Service Award Winner, Rajwinder Kaur Khatkar. Since joining the SWIAA Care Team in June 2020, Raj has consistently demonstrated professionalism, compassion, and a strong commitment to high-quality care. Her dedication over the past five years has made a lasting impact on both residents and colleagues. We sincerely thank Raj for her outstanding service and congratulate her on this well-deserved recognition.



Rajwinder
Kaur
Khatkar

What year were you born?

January 1989

What is your place of birth

Punjab, India. Migrated to
Australia May 2015

What is something people don't know about you?

I love cooking and Travelling. I enjoy trying out different recipes in my free time. Travelling inspires me, helps me learn, and gives me fresh ideas to try at home.

Why did you decide to work in aged care?

I completed my Bachelor of Nursing in India and worked in the ICU for two years. After moving to Australia, I started working in aged care as an Assistant in nursing. A few years later, I got my nursing registration, and since then, I have continued working as a Registered Nurse in aged care.

I have great respect for older people and believe they deserve kindness, dignity, and individual care. Being part of their lives and helping them feel valued is what makes this work so special to me.

What do you like most about working at SWIAA?

At SWIAA, I truly appreciate the respectful and supportive environment. All staff members treat each other with respect and professionalism, and there's a strong sense of teamwork. Everyone works together like a well-coordinated team, always ready to support one another.

Where is your happy place in Sydney?

While I enjoy the beautiful beaches and Gardens around Sydney. Darling Harbour always feels like a little escape in the middle of the city.

The water, the breeze, the happy vibes—it just makes me smile every time. It is my go-to spot to relax and recharge in the beauty of Sydney. My happy place, always.

Your message to Residents and Staff?

Life is beautiful, but we all face different challenges in our daily lives. That's why kindness, patience, and understanding are so important.

To our residents, it's a privilege to care for you. Your health and well-being are always our priority.

To our staff, thank you for your hard work and teamwork. You make a real difference every day. Let's continue to support each other and keep making SWIAA a great place to live and work.

TO ALL STAFF



SWIAA expresses heartfelt gratitude for your unwavering dedication and outstanding efforts that continue to inspire and drive our collective success.

WELCOME TO THE TEAM



OUR NEWEST TEAM MEMBERS

- Celine Lam – Human Resources and Admin Coordinator
- Nazeerah Nisha Buksh – PCW
- Suzanne Award – Quality and Clinical Governance Consultant
- Viranga Chamini Algewattage – Assistant Accountant

We are glad to have you on board!

THE STAFF ROOM

HAPPY 5th YEAR WORK ANNIVERSARY



On May 5th, we proudly celebrated our CEO's 5th work anniversary. Over the past five years, his leadership, vision, and unwavering dedication have played a vital role in strengthening our organisation, building a positive workplace culture, and enhancing the care we provide. We are deeply grateful for his contributions and look forward to many more years of continued growth and success under his guidance.

EMPLOYEE RECOGNITION CEREMONY HIGHLIGHTS

At SWIAA, we deeply value the commitment, dedication, and hard work our staff demonstrate each day in providing exceptional care and service. To honour their efforts, we proudly hosted a special presentation recognising our Long Service Award recipients and celebrating our Employee of the Month/Exceptional Service Award. These awards highlight the outstanding contributions of team members who consistently go above and beyond in making a positive impact on our community. Congratulations to all our awardees, your dedication truly makes a difference!



Marisa PACIFICI
Exceptional
Service



Rajwinder Kaur KHATKAR
Exceptional Service



Latu TALANO
10 Years' Service



INTERNATIONAL NURSES DAY CELEBRATION



On 12 May, SWIAA proudly celebrated International Nurses Day, honouring the dedication, compassion, and hard work of our incredible nursing team. To show our appreciation, staff enjoyed a KFC lunch, and each team member received a sweet rose as a token of gratitude. Our CEO and Residential Services Manager delivered heartfelt speeches, recognising the vital role nurses play in providing exceptional care and support to our residents every day. We thank all our nursing staff for their unwavering commitment and outstanding service.



WHAT'S ON

Your newsletter about SWIAA!

SPECIAL EVENTS

Upcoming Event

Residents and
Representatives
Committee
Meeting
27th June 2025
@3pm

Location: Board
Room

Visit Our Facebook Page

@SWIAA Village

Reminders

- Please don't forget to check your mail.
- Please send resident's new clothes to laundry for labelling before use.



WELCOME NEW RESIDENTS AND BIRTHDAY OF THE MONTH

Welcome

30th May 2025

Gardens Dining Room

2:00pm onwards



Bella Ciao

ITALIAN NATIONAL DAY- HAPPY HOUR

6th June 2025

Gardens Dining Room

2:00pm onwards



NATIONAL SEWING MACHINE DAY

13th June 2025

Gardens Dining Room

2:00pm onwards



WORLD MUSIC DAY

20th June 2025

Gardens Dining Room

12:00pm onwards



WELCOME NEW RESIDENTS AND BIRTHDAY OF THE MONTH



27th June 2025

Gardens Dining Room

2:00pm onwards

*Let's eat
CAKE!*



Give This A Go!



**BEAN BAG
TOSS**



**EXERCISE
CLASS**



Activities are in progress throughout the day. Join in the fun!
Let our Lifestyle Supervisor- Sandra know if any activity interests you.