



# Happy Easter

# LA VITA SWIAA

## MARCH 2023 | AUTUMN EDITION

### A Message from the CEO

Welcome to our Autumn 2023 edition of LA VITA. We are now well into Autumn; Easter is upon us, and daylight saving will soon be over.

In our last "Update", we noted that we will be forming a Residents Representative Committee. The Committee had its inaugural meeting on Monday 20th February 2023. Whilst the first meeting was a good opportunity to get to know the members of the committee, there was robust discussion around some of the challenges being faced and suggestions that could easily be implemented.

Below I have noted in no particular order the members of the "Residents Representative Committee" and the area their loved one is in:

- Linda Caliaro – Parkview first floor
- Dani Rodriguez – Gardens
- Priscilla Landini – Parkview Ground Floor
- Professor John De Nobile – Gardens
- Bettina Basly-Inthaschack – Gardens
- Renata Tacadena – Gardens
- Edia Bergamin – Gardens
- Julie Lotorto – Gardens

We recently farewelled Lester Liao, Quality and Safety Manager and Sabina Shrestha, our Clinical Care Coordinator for Parkview will finish up 31st March 2023. We are currently working on a replacement for the Quality role; however, Sadhana Bhandari will commence as our new Clinical Care Coordinator on the 4th of April 2023.

Sadhana comes with a strong nursing background, in a similar role, and is re-locating from Tasmania.

Our accreditation expires in September 2023, and we expect that the Aged Care Quality and Safety Commission will conduct an unannounced visit anytime between June and August 2023. The unannounced visit will likely last for 3 to 4 days, with 2 to 4 assessors on site during that time. The assessors will audit all areas of our operations and the audit process will include feedback from residents and family members.

Once the assessors are on site, we will issue a notification advising you of this.

I would like to wish all our residents, families and friends, and our staff a "Happy Easter", and safe travels for those taking a break.

Godwin D'Amato  
Chief Executive Officer



## Welcome Autumn

### Vimala's Corner

Dear Residents Families and Friends,

Welcome to the Autumn Newsletter Edition. Our Clinical Care Coordinator from Garden-Sara has resigned from her role and at currently we are in the process of filling her role.

Sandra Sanabria joined us in February as our Lifestyle Supervisor. Sandra has many years of extensive experience in the Aged Care industry from her previous role.

We also have 2 Registered Nurses commenced on full time role from the 6th of March 2023, Monday - Friday, 0900-1700hrs on each floor. Tania Yekta is working in Gardens and Sunil Victor, in Parkview. Both RNs have many years of experience in Aged Care.

Let's make all our new staff feel welcomed as they settle in their role.

Clinical Updates:

Since 1 July 2019 until 21 April 2023, Aged care services were collecting data and reporting to Department of Health following quality indicators each quarter, such as; Pressure Injuries, Physical Restraint, Unplanned weight loss, Falls and Major Injury, medication management including polypharmacy and anti-psychotics.

From 1 April 2023, Services are required to collect data and report on addition 6 indicators such as;

Activities of Daily living, Incontinence care, Hospitalization, Workforce, Consumer Experience and Quality of Care.

Wishing a Happy and safe Easter to you all.



### Australia Day Poem

Australia Day we celebrate,  
 Together as a nation.  
 Acknowledging the past,  
 In Reconciliation.  
 From the land of red dust,  
 To the salt of the sea.  
 From the rainforest peaks,  
 To the flowering Gum tree.  
 Together we stand,

Together we say...Happy Australia Day!

-By Lisa Van Der Wielen



### Meanwhile in Australia

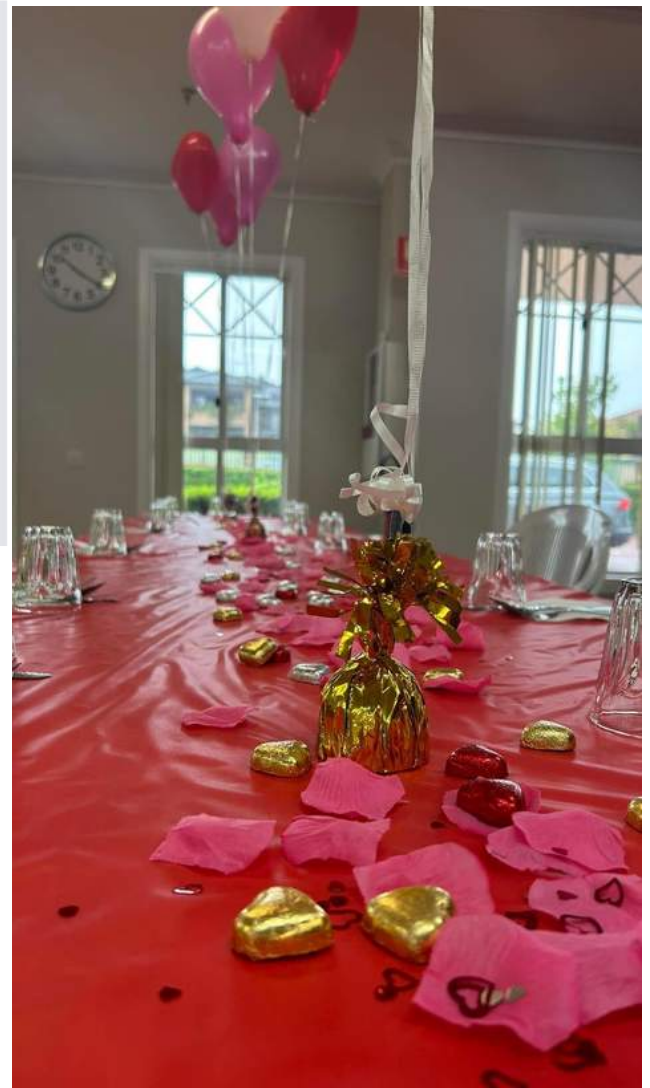
You are the Gold to my Coast, the  
 Vegemite to my Toast  
 The sea to the sand, the beer in my hand  
 The Kanga to my Roo, the BB to my Q  
 The Wi to My Fi, the Sauce on my Pie  
 The Harbour to my Bridge, The Lamingtons  
 in my fridge  
 The heat to my rash, the grog to my stash  
 The Holden to my ute, Australia you're  
 Beaut.



## VALENTINES DAY



*Love was definitely in the air at SWIAA. On 14th February, residents celebrated Valentine's Day with their loved ones. We enjoyed yummy food cooked by kitchen staff and listened to love songs all day long. We also enjoyed looking at the photos of residents with their loved ones and tasty food was literally chef's kiss.*







These are the photos from January where you can see residents enjoying painting. So creative!



On 9th February, residents enjoyed coffee and cake at the Marconi club.



Our resident Giovanna Reale helping staff for the cheese toasties day on 3rd of February

On 10th February, villa residents joined the fun for coffee, cake and poetry!



Villa residents enjoying social gathering in the Gardens Dining Hall.

Did you know? Socializing can lighten your mood and make you feel happier!

**Missed out on the fun? Don't forget to RSVP for the next function to Sandra-our Lifestyle Supervisor. See you at the next one!**

Check out our Facebook page 'SWIAA Village' Like our page to get updates on more fun photos and videos of our residents.



# WHAT'S ON NEXT QUARTER

Your quarterly newsletter about SWIAA!

## Upcoming Event

Resident Meeting  
5th April 2023

## Visit Our Facebook Page

@SWIAA Village

## Reminders

- Please don't forget to check your mail.
- Please send resident's new clothes to laundry for labelling before use.



## SPECIAL EVENTS



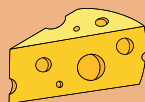
### Easter Celebration Lunch

6th April 2023  
Gardens Dining Room  
12:00pm onwards



### SOCIAL AFTERNOON- CHEESE AND WINE

14th April 2023  
Gardens Dining Room  
2:00pm onwards



### SOCIAL AFTERNOON- WAFFLES AND ICE CREAM

21st April 2023  
Gardens Dining Room  
2:00pm onwards



### BIRTHDAY OF THE MONTH- ANTIPASTO AND WINE

28th April 2023  
Gardens Dining Room  
2:00pm onwards

## Give This A Go!

Activities are in progress throughout the day. Join in the fun!

Let our Lifestyle Supervisor- Sandra know if any activity interests you.



**NOTE:**  
Most of the contents have been removed due to limited website capacity. Please collect printout from Reception for full content or email [admissions@swiaa.org](mailto:admissions@swiaa.org) for full pdf version of Newsletter. Thank You!